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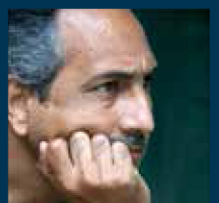


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We need to rethink our model of healthcare design, to support health rather than simply treating illnesses.

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# LIFESTYLE WELLNESS CENTRE, AHMEDABAD

Shailja Harish Design Studio, Ahmedabad



## Design brief and aim

To create a wellness clinic that promotes healing in a homely environment amidst nature.

## How this was accomplished

A blend of light and medium shades was used to symbolize acceptance and trust, which is an important part of the design. Spread over 2,998 sq. ft., the wellness clinic is located in a prime location in Ahmedabad. The client wished to include multiple diagnostic and treatment facilities under the same roof, which was a challenge for the firm.

to discuss their treatment. Colorful metal structures are fixed to the white ceiling, complete with a bright sofa and a blue reception table in a gradient pattern. An uncluttered corridor connects all the areas, designed with matte grey tiles with a light wooden effect. Colorful chairs and wall frames give a comfortable feeling to the counselling room.

At the end of the utility passage is a leisure meeting room with rexine wall panelling, a dark sofa, hanging lamps, and artificial green plants. A cafeteria with a dummy wooden window on a brick wall lends artistic charm, which is enhanced with natural views from the large glass windows and artificial plants, all designed to reduce anxiety.



Multifunctional spaces were designed for medical specialists to conduct their medical diagnosis under one roof. There is a reception area, counselling room, medical store and two consulting rooms, all easily accessible from the waiting area. Ambient lighting and soothing colors such as blue, pink, and green help patients relax.

A spacious waiting room welcomes patients while a counselling room is used



photography : : inclined studio